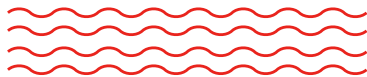


DEBBIE SIEBERS, afternoon keynote



Speakers

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► Overcoming Obstacles to Success

DEBBIE SIEBERS, WELLNESS/FITNESS EXPERT AND CREATOR OF SLIM-IN-6 FOR BEACHBODY

Whether leading wellness expert Debbie Siebers is sponsoring a product in a commercial, inspiring her followers through her Beachbody infomercials, leaping into the world of talk show host, or blogging with her interactive online community, she is a powerful, positive and inspirational woman. Siebers shares her own drive for self-improvement and holistic health to help others motivate, find discipline and achieve results to balance mind, body and soul. Now 20+ years since she embarked on her wellness career, her Beachbody fitness program, Slim in 6, has grossed over \$90 million worldwide in home video sales and a new program, Total Body Solution, was recently launched. Siebers claims exercise is just step one; it's about finding balance between being at peace with yourself, eating nutritious meals consistently, and finding a passion for whatever you're doing. A pioneer in the TV fitness personality sector, Siebers' recent accolades include her role as the fitness expert on the FOX prime-time reality show "The Swan," which has inspired numerous makeover shows since its first airing.

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