

# Southwest Airlines Presents NAVIGATOR LUNCH & LEARN WORKSHOPS

from the Panama City Beach Chamber of Commerce



2012 Lunch & Learn  
Workshops Sponsored by  
Gulf Coast Chiropractic  
& Rehab



## "Be Listed, Be Social, Be Happy"

By *Brandon Welch, ClicksCrazy.com*

Wednesday, February 22, 2012

11:30 AM to 1:00 PM

Gulf Coast State College, Conference Center

**CLICKS  
CRAZY.COM**

**In this workshop you will learn about**

- Free Business Listings that drive foot & web traffic;
- Taking advantage of your social networks; and
- Getting started with Online advertising.



**SPECIAL  
RAFFLES of  
1 ROUND TRIP  
SOUTHWEST  
TICKET!**

## "The 10 Commandments of Public Speaking"

By *Dr. Sandy Halvorson, FSU PC*

Wednesday, March 28, 2012

11:30 AM to 1:00 PM

Gulf Coast State College, Conference Center

**When you speak in public** do you experience sweaty palms? Shaky knees? Quaking voice? The idea of making a presentation in public is the No. 1 fear reported by people in the U.S. Learn what you can do to overcome your fear and engage your audience.



### CHAMBER COST:

\$20 One Workshop

\$15 for 2nd Workshop (or 2nd person)

\$10 for 3rd Workshop (or 3rd person)

### OTHER:

\$15 GCSC Students

\$15 Beach Chamber H.Y.P.E. Members

\$25 Non-Chamber Members

### FSU STUDENTS:

*FREE for FSU students who register with Student Government Council prior to the event.*

**CONTACT** Catherine@PCBeach.org **TO REGISTER.**